



Rules of the Forest'Cime (maj 6/06/2023)

Article 1 – Organization

The FOREST'CIME cycle raid takes place over 3 days.

This event is organised by the association La Forestière.

The FOREST'CIME is governed by the regulations of the French Cycling Federation.

It is open to all cyclists aged 18 years and over.

The stages :

- First day: Arbent > Bellecin Orgelet
- Second day: Bellecin Orgelet > Bellecin Orgelet
- Third day: Bellecin Orgelet > Arbent

Article 2 – Performer Challenge

Article 2.1 – Organization of the races

The Challenge Performeur rewards the best climber of La FOREST'CIME.

Competitors are divided into 5 categories, in addition to the overall ranking:

18 - 29 years old*

30 - 39 years old*

40 - 49 years old*

50 - 59 years old*

60+ years old*

Females

*Age in the current year.

Article 2.2 – Organizations of the races

Each stage of the FOREST'CIME a time on a climb to a mountain pass. A daily classification is established in the various categories defined in article 2.1.

Awards will be presented daily at the end of each stage.

The leader of the individual ranking for each time category will wear a distinctive Challenge Performeur bib.

Article 2.3 – Général ranking

A general classification is drawn up at the end of each stage for the different categories defined in article 2.1.

The general individual time classification is obtained by adding the times recorded by the timekeepers in all the stages.

In the event of a tie in the general individual time classification, the places obtained in each stage are added together and, as a last resort, the place obtained in the last stage run is used.

Article 3 – Finisher’s Challenge

All participants who complete the stages will be awarded the Finisher's Trophy. The Finisher's trophy will be awarded at the end of the last stage.

Article 4 – Allocation of bicycle plates

Plaques will be allocated in the order in which applications are received.

Article 5 – Security and assistance

All participants must obey the Highway Code and, in particular, ride on the right-hand side of the road.

Helmets must be worn.

Following cars are forbidden on the route of the timed section; any competitor contravening this rule will be disqualified from the event.

Article 5.1 – Refreshments

Three refreshment points are organized on each stage.

Competitors may be resupplied by their companions at other points along the course, provided that the resupply is carried out by a pedestrian and does not jeopardize the safety of the event.

Refuelling a participant from a moving vehicle is forbidden and will result in immediate disqualification.

Depending on weather conditions and the topography of the course, additional water supply points may be set up by the organizers.

Article 5.2- Deadlines

The broom wagon will respect an average speed set by the organization according to the topography of each stage.

Competitors overtaken by this vehicle will have to stop and will be brought back to the finish site by the assistance vehicle, but will be able to take part in the next stage if they so wish.

Article 5.3 – Technical assistance

Each competitor must be self-sufficient and must set off with a minimum repair kit, including spare tubes and hoses to deal with any punctures.

At the end of the event, an organization assistance car will be available to repatriate competitors who have suffered major mechanical incidents.

Fixed assistance points will be provided at the start and finish sites, as well as at certain feed zones.

Article 6 – Physical fitness

Each participant must provide proof that he/she is fit to practice competitive cycling, either :

- By presenting a sports license for the year in question, mentioning a medical certificate issued when the license was taken out;
- Or by presenting a medical certificate stating "no contraindication to the practice of competitive cycling" dated less than one year before the date of the event.

Article 7 –Insurance

Article 7.1 – “Civil liability” insurance

Through its affiliation with the Fédération Française de Cyclisme, the organizer has taken out a policy covering its civil liability as an organizer.

It should be noted that the civil liability of all participants in the FOREST'CIME is covered by the policy taken out by the Fédération Française de Cyclisme on behalf of the organizer.

Article 7.2 – "Individual accident & personal injury" insurance

Participants holding a license with the French Cycling Federation (FFC) automatically benefit from "individual accident" cover when they take out their license.

For participants not licensed with the FFC, the organizer offers the option of individual accident insurance.

For further information on contract clauses, please contact :

GBC Montagne
Résidence le Grand Cœur, Bat B
298 Avenue du Maréchal Leclerc
73700 Bourg Saint Maurice

Orias number: 17 007 353

Impact-multisports@gbc-mountain.com

Article 7.3 – Optional CANCELLATION GUARANTEE

Registration for LA FOREST'CIME is firm and definitive. However, cancellation of registration is possible by taking out the CANCELLATION option at the time of registration until May 30. After this date, it is no longer possible to subscribe to this guarantee.

Subscribing to this Cancellation Guarantee option enables participants to be reimbursed under certain conditions.

Application:

- Illness, accident, death before the event (of siblings, spouse, partner, first-degree ascendants or descendants), pregnancy.
- Requests for reimbursement on any other grounds or without taking out Cancellation cover will be refused.

Amount refunded :

Total amount paid less a flat-rate administration fee of 30 euros.

Application deadline :

- For a death: 30 days after the event.
- For medical reasons: requests for reimbursement must be sent by e-mail or post to the organization no later than the day before the event. Requests without supporting documents (medical certificate, sick leave, hospitalization certificate, death certificate, etc.) will not be considered.

Requests sent by post must be postmarked.

Checking the application:

Forestière reserves the right to carry out checks by any legal means of its choice (request against medical examination, presentation of family record book or civil status form, cohabitation certificate, etc.).

For administrative and security reasons, requests to withdraw a registration in favor of another person or to modify a registration are prohibited. However, they may be accepted on a case-by-case basis to deal with special cases or emergencies. A handling fee of 10 euros will be charged.

Article 7.4 – Declaration, warning and exclusions

Participants lose insurance coverage if they do not wear a helmet.

Equipment (bikes, gear, etc.) is not insured (in case of fall, theft, damage, etc.) under the contracts taken out by the organizer, and is not included in the insurance contracts linked to the FFC license.

It is therefore up to participants to take note of the levels of cover available to them; participants retain the possibility of increasing their cover by taking out additional cover with an insurer of their choice.

Article 8 – Theft and disappearance

Participants acknowledge that the organizer is not responsible for the surveillance of goods or objects in the event of theft or loss.

Article 9 – Information technology and freedom

In accordance with the French Data Protection Act of January 6, 1978, you have the right to access and correct your personal data.

Article 10 – Image rights

Participants expressly authorize the organizers to use, in any document or promotional medium, still and audiovisual images in which they may appear, taken on the occasion of their participation in FOREST'CIME and this, without limitation in time and without geographical limit.

Article 11- Acceptance of overflight by drone and image rights

Participants expressly authorize the organizers to use images produced by remote-controlled DRONE aircraft.

Regulations specific to drone use:

FOR ALL OUTSIDERS WITHIN 30M OF THE REMOTELY PILOTED AIRCRAFT AND CONNECTED WITH THE ACTIVITY

No remotely piloted aircraft may be operated at a horizontal distance of less than 30 meters from any person other than its remote pilot and, where applicable, an operator of the remotely piloted aircraft's payload.

(In the case of a captive aerostat, this distance may be reduced to a distance equal to the largest dimension of the aerostat. In this case, the operator must ensure that the means of restraining the aerostat does not risk injuring a person when the aerostat moves in the wind).

The 30-meter distance can be reduced, provided that :

- The presence of people within 30 meters of the aircraft is directly related to the particular activity ;
- The operator has defined a procedure to be followed in the event of an in-flight incident involving the aircraft, and has informed the persons concerned, who are present within 30 metres of the aircraft, of this procedure in advance.
- Each of these persons has signed this attestation stating that they have been informed and that they waive their "image rights".

Article 12 – Pathway

The routes are subject to prefectural authorization and may be modified by the organizer if necessary, up to the start of the event.

Article 13 – Registrations

The number of participants is limited to 160.

The registration fee varies according to the date of receipt of the registration (see article 13).

All registrations are binding and cannot be reimbursed for any reason whatsoever, unless the cancellation option is taken (see article).

The organization reserves the right to cancel the event if the number of participants falls below 100.

Article 14 – Registration fees

Package Services-Accommodation

- Registration before December 31st of the previous year:

Individual: €420

Group of five people minimum: 390 €.

- Registrations from 01/01 to 05/31 of the year of the event:

Individual: €450

Group of five or more: €420

Non-members of the FFC will be charged €15 for "personal accident" insurance.

Article 15 – Repatriation on departure

A repatriation service has been set up by the organization for all stages.

It includes the repatriation of participants and their bikes.

Article 16 – Environment

- Out of respect for the environment and the public, leave the course clean!
- Garbage cans are provided at the start sites, at each feed station and at the finish sites; keep energy product packaging in your pockets until the next rest stop.
- Throwing any object, container, paper or garbage on the road is strictly forbidden.
- To get to the race site, please consider carpooling.

FOREST'CIME adopts the "ECO CYCLO" program.

Reminder of the "Eco Cyclo" charter:

- Nature is beautiful and the road is not a garbage can. In all circumstances, whether riding, training or competing, I keep my garbage and packaging in a safe place until I can dispose of it.
- I respect the rules of the road, and my helmet is my most faithful companion on the road.
- Cycling is a wonderful sport, excellent for your health, and I won't spoil my good fortune and these moments of happiness by taking harmful and forbidden drugs.

Participants caught disposing of their garbage in the natural environment will be disqualified from the race.

Article 17 – Acceptance of the Regulation

By registering and taking part in the event, you accept without reservation these rules and the regulations of the Fédération Française de Cyclisme.

Contact, information and registration

La Forestière

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France

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Website: www.laforestcime.com

Article 18 : Forest'Cime DAY

Forest'Cime rules apply to Forest'clme DAY

It will take place on Saturday June 24, 2023

On the Bellecin-Bellecin stage

It is open to all riders aged 18 and over.

The price of the Forest'Cime Day is 60 euros per person.